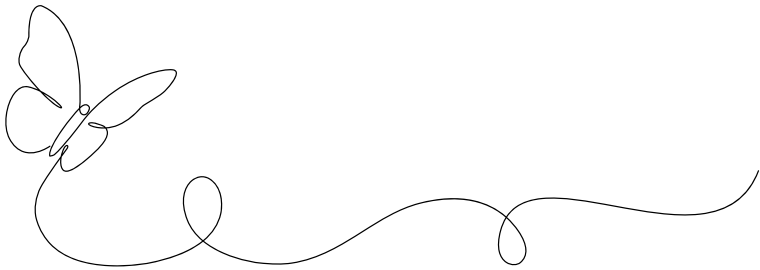


HOPE IN THE  
HEALING  
COMPANION JOURNAL



Brianna Barrett

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What burden are you carrying today that you need to release to God?

Prayer Requests:













What do you need to release to God and leave it at  
the foot of the cross?

Prayer Requests:



What are ten things that you are thankful for? (I bet you can name more than ten pretty easily).

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Prayer Requests:





























































































































































# ABOUT BRIANNA

Brianna is a Carolina girl who loves Jesus and her family. She enjoys watching the sunrise, photography, reading, writing, and paddleboarding. According to her teenage son, she's a master chef in the kitchen, making gluten-free cuisine from around the world.

Her writing and photography have appeared in numerous publications including *Faith On Every Corner*, *Creation Illustrated*, and *Our Story Magazine*, and she is a contributor to The Grit and Grace Project, Candidly Christian, and *Broken But Priceless: The Magazine* where she writes the column, "From A Homemaker's Heart".

Check out her latest works at [www.briannagrams.com](http://www.briannagrams.com) and connect with her on [Instagram](#) or [Facebook](#).

